

NEW Pool Schedule

February 25, 2008 - June 22, 2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	POOL OPENS AT 6:30AM						
6:30	Aquacise 6:50-7:35 2	Aquacise 6:50-7:35 2	Aquacise 6:50-7:35 2	Aquacise 6:50-7:35 2	Aquacise 6:50-7:35 2	POOL OPENS AT 7:30AM	POOL OPENS AT 9:00AM
7:00							
7:30							
8:00	Leisure Swim 7:35-9:00 4	Aqua Therapy 8:00-9:00 3	Leisure Swim 7:35-9:00 4	Aqua Therapy 8:00-9:00 3	Leisure Swim 7:35-9:00 4	Leisure Swim 7:30-8:00 3	
8:30						Aquacise 8:00-8:45 2	
9:00	Swim Lessons 9:00-11:00 1 Lap Lane	Swim Lessons 9:00-11:00 1 Lap Lane	Swim Lessons 9:00-11:00 1 Lap Lane	Swim Lessons 9:00-11:00 1 Lap Lane	Swim Lessons 9:00-11:00 1 Lap Lane	Swim Lessons 9:00-1:00 NO Lap Lanes	
9:30							
10:00							
10:30							
11:00	Aquacise 11:00-12:00 1 Lap Lane	Aquacise 11:00-12:00 1 Lap Lane	Aquacise 11:00-12:00 1 Lap Lane	Aquacise 11:00-12:00 1 Lap Lane	Aquacise 11:00-12:00 1 Lap Lane	Leisure Swim 9:00-12:00 4 Lap Lanes	
11:30							
12:00	Aqua Therapy 12:00-1:00 1 Lap Lane	Pre/Post Natal 12:00-1:00 1 Lap Lane	Aqua Therapy 12:00-1:00 1 Lap Lane	Aqua Yoga 12:00-12:45 1 Lap Lane	Aqua Therapy 12:00-1:00 1 Lap Lane		
12:30						Pool Parties 12:00-2:00	
1:00	Swim Lessons 1:00-3:00 1-2 Lap Lanes	Senior Swim 1:00-2:00 Family Swim 2:00-3:00 1-2 Lap Lanes	Swim Lessons 1:00-3:00 1-2 Lap Lanes	Family Swim 1:00-2:00 1-2 Lap Lanes	Swim Lessons 1:00-3:00 1-2 Lap Lanes	Senior Swim 1:00-2:00 Family Swim 2:00-3:00 1-2 Lap Lanes	Swim Lessons 1:00-3:00 1-2 Lap Lanes
1:30							
2:00							
2:30							
3:00	Leisure Swim 3:00-3:30 4	Leisure Swim 3:00-3:30 4	Leisure Swim 3:00-3:30 4	Leisure Swim 3:00-3:30 4	Leisure Swim 3:00-3:30 4	Pool Parties 1:00-3:00 1 Lap Lane Available	
3:30	Swim Lessons 3:30-6:30 1 Lap Lane	Swim Lessons 3:30-6:00 1 Lap Lane	Swim Lessons 3:30-6:00 1 Lap Lane	Swim Lessons 3:30-6:00 1 Lap Lane	Swim Lessons 3:30-6:00 1 Lap Lane	Swim Lessons 3:30-6:00 1 Lap Lane	Family Swim 3:00-5:30 1 Lap Lane Available
4:00							
4:30							
5:00							
5:30							
6:00	SHARKS 6:00-7:00	Teen Condition 5:30-6:30	SHARKS 6:00-7:00	Pre-Teen Condition 5:30-6:30	SHARKS 6:00-7:00	Teen Condition 5:30-6:30	Leisure Swim 5:30-7:00 4
6:30	Family Swim 6:30-7:30	Family Swim 6:30-7:30	Family Swim 6:30-7:30	Family Swim 6:30-7:30	Family Swim 6:30-7:30	Family Swim 6:30-7:30	POOL CLOSING AT 5:30PM
7:00	6:30 - 7:30	Adult Lessons 7:00-8:00	6:30 - 7:30	6:30 - 7:30	6:30 - 7:30	6:30 - 7:30	
7:30	Aquacise 7:30-8:30 3	Teen Lap Swim 7:30-8:30 1-2 Lap Lanes	Aqua Combo 7:30-8:45 3	Aqua Combo 7:30-8:45 3	Family Swim 7:30-8:30 2	Family Swim 7:00-8:30 2	
8:00							POOL CLOSING AT 7:00PM
8:30							
9:00	POOL CLOSING AT 9:00PM						

PLEASE MAKE NOTE OF THE FOLLOWING:

NEW Pool Operating hours: Weekdays 6:30am-9:00pm, Saturday 7:30am-7:00pm, Sunday 9:00am-5:30pm

Lap Lanes on Monday through Friday from 6:30am-9:00am are only available for **adult full members** (17 years & up)

Lap Lanes on Saturday from 7:30-9:00am are only available for **adult full members** (17 years & up).

NO LAP LANES AVAILABLE IN THE NEW POOL ON SATURDAYS FROM 9:00AM-1:00PM.

Teen Lap Swim provides 1 or 2 lanes for our basic extreme team members **ages 13-up**.

Leisure Swim is open to **adult full members** (17 years & up) who swim laps at a slower pace or do stationary exercises.

THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTIFICATION